

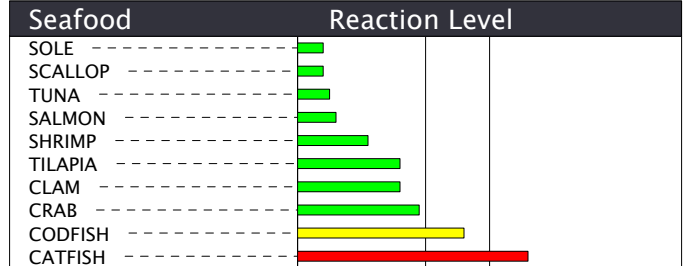
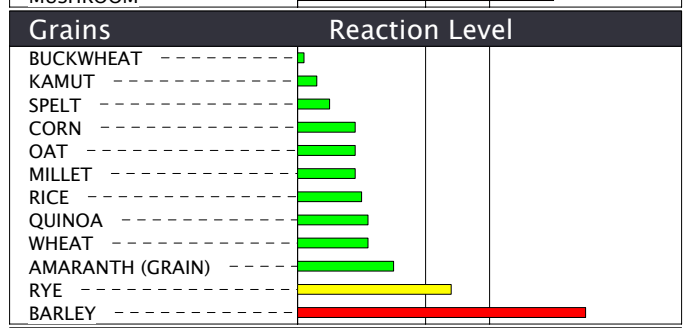
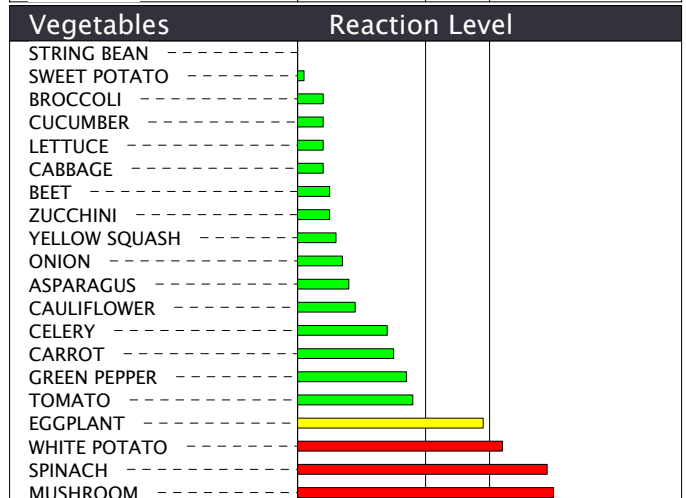
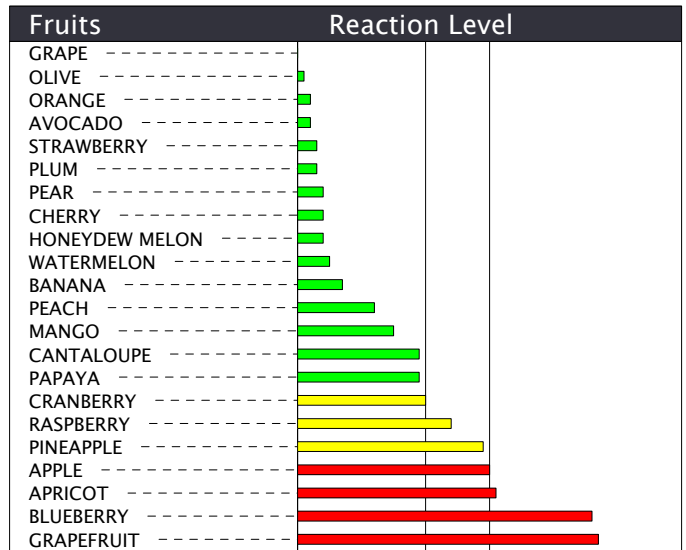
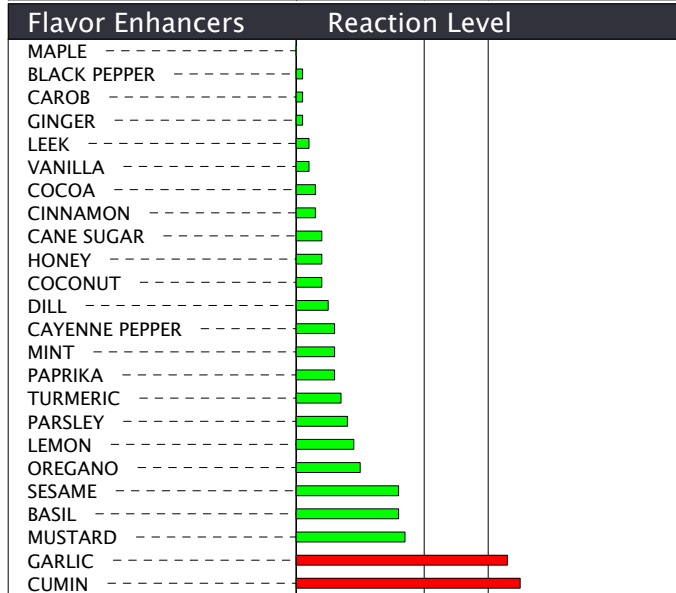
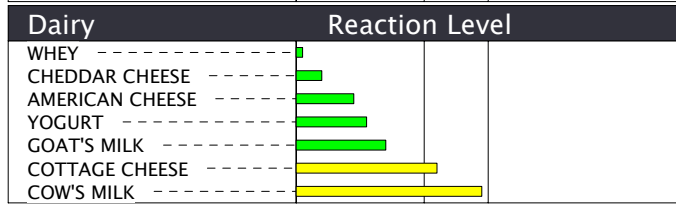
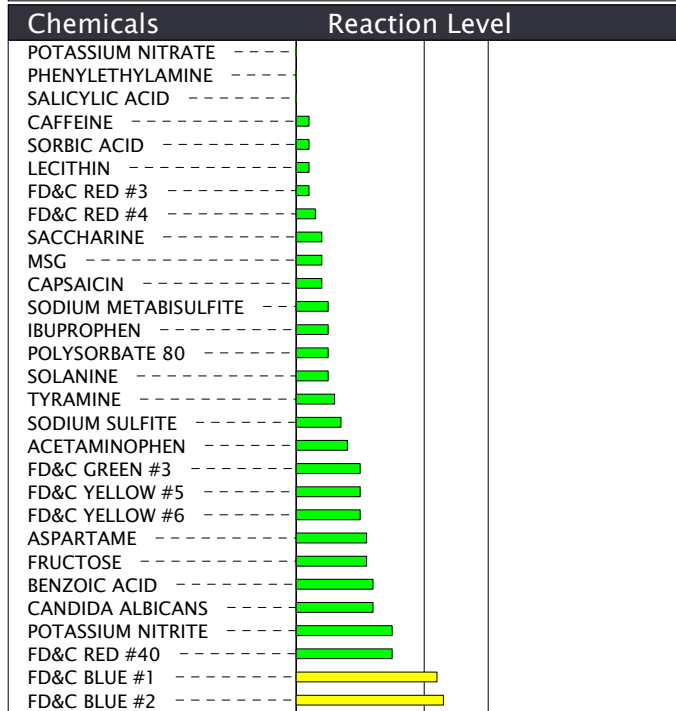
MRT Results for S. PATIENT, page 1 of 2

Physician: **WELLNESS, MARK MD**
 Patient: **SAMPLE PATIENT**
 Identifier: **S7000**
 Profile: **MRT Test ML150**
 Test Date: **04/20/2001**
 Technician: **IG**



Signet Diagnostic Corporation
 3555 Fiscal Court, Suite #8-9
 Riviera Beach, FL 33404

Phone: (561) 848-7111
 FL License #: L800010492
 CLIA ID #: 10D0914874
 U.S. Patents: 6,114,174 6,200,815



MRT Results for S. PATIENT, page 2 of 2

Physician: **WELLNESS, MARK MD**
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Meats & Poultry		Reaction Level	
EGG	-----	█	
LAMB	-----	██	
BEEF	-----	███	
TURKEY	-----	████	
CHICKEN	-----	█████	
PORK	-----	██████	
Miscellaneous		Reaction Level	
COLA	-----	█	
TAPIOCA	-----	███	
COFFEE	-----	████	
YEAST MIX	-----	█████	
HOPS	-----	██████████	
TEA	-----	██████████	

Beans/Nuts/Legumes		Reaction Level	
LENTIL	-----	█	
ALMOND	-----	██	
SUNFLOWER SEED	-----	███	
HAZELNUT	-----	████	
PECAN	-----	█████	
GREEN PEA	-----	██████	
SOYBEAN	-----	███████	
PISTACHIO	-----	███████	
WALNUT	-----	███████	
GARBANZO BEAN	-----	███████	
CASHEW	-----	███████	
PINTO BEAN	-----	███████	
LIMA BEAN	-----	███████	
PEANUT	-----	███████	

Degrees of reactivity may not in all cases correlate with presence or level of clinical sensitivity to the food. Strongly positive results have been found to correlate with food reactivity. It is appropriate to eliminate foods with Reactive Scores. Moderately reactive scores should be evaluated by the physician or dietitian based upon patient history and frequency of consumption. After an appropriate period of elimination, reintroduce them one at the time under physician and/or dietitian supervision. If negative foods have been consumed regularly before drawing the blood for the test, there is high probability that they are 'safe' and are not likely to provoke symptoms. If test positive foods are eliminated from the diet, these non-reactive foods reasonably could remain in the permitted diet during the elimination phase. The clinician or dietitian should remain alert to the possibility that any of these foods might provoke symptoms.



LEAP ImmunoCalm Diet Program – Food Reintroduction Schedule

Patient name:
SAMPLE PATIENT

Physician:
WELLNESS, MARK MD

Identifier:
S7000-0

Test date:
04/20/2001

Phase 1
DAYS 1 – 7

Phase 2
DAYS 8 – 12

Phase 3
DAYS 13 – 17

Phase 4
DAYS 18 – 22

Phase 5
DAYS 23 – 27

Proteins



EGG
LENTIL
LAMB
SCALLOP

SOLE
BEEF
TUNA
SALMON

SHRIMP
TURKEY
CHICKEN
SOYBEAN

CLAM
TILAPIA
GARBANZO BEAN
PORK

CRAB

Starches



BUCKWHEAT
SWEET POTATO
KAMUT

SPELT
CORN
MILLET

OAT
RICE
QUINOA

WHEAT
TAPIOCA
AMARANTH (GRAIN)

Vegetables



STRING BEAN
BROCCOLI
CABBAGE
CUCUMBER

LETTUCE
BEET
ZUCCHINI
YELLOW SQUASH

ONION
ASPARAGUS
CAULIFLOWER
GREEN PEA

CELERY
CARROT
GREEN PEPPER
TOMATO

Fruits



GRAPE
OLIVE
AVOCADO

ORANGE
PLUM
STRAWBERRY

CHERRY
HONEYDEW MELON
PEAR

WATERMELON
BANANA
PEACH

MANGO
CANTALOUPE
PAPAYA

Dairy / Miscellaneous



WHEY
COCOA

CHEDDAR CHEESE
AMERICAN CHEESE

YOGURT
GOAT'S MILK

COFFEE

Nuts / Seeds / Oils



OLIVE
ALMOND
SUNFLOWER SEED

CORN
HAZELNUT
PECAN

SOYBEAN
PISTACHIO
SESAME

WALNUT
CASHEW

Flavor Enhancers



MAPLE
BLACK PEPPER
CAROB
GINGER
LEEK

VANILLA
CINNAMON
CANE SUGAR
COCONUT
HONEY

DILL
CAYENNE PEPPER
MINT
PAPRIKA
TURMERIC

PARSLEY
LEMON
OREGANO
BASIL
SESAME

MUSTARD



LEAP ImmunoCalm Diet Program, Phase 6 – 3 Day Rotation Diet

Patient name:
SAMPLE PATIENT

Physician:
WELLNESS, MARK MD

Identifier:
S7000-0

Test date:
04/20/2001

Day 1

Day 2

Day 3

Proteins



BEEF
GARBANZO BEAN
LAMB
LENTIL
SALMON
TUNA

CHICKEN
CRAB
EGG
SHRIMP
SOLE
TURKEY

CLAM
PORK
SCALLOP
SOYBEAN
TILAPIA

Starches



AMARANTH (GRAIN)
MILLET
QUINOA
RICE

KAMUT
SPELT
SWEET POTATO
WHEAT

BUCKWHEAT
CORN
OAT
TAPIOCA

Vegetables



BEEF
CARROT
CELERY
GREEN PEA
STRING BEAN

ASPARAGUS
BROCCOLI
CABBAGE
CAULIFLOWER
LETTUCE
ONION

CUCUMBER
GREEN PEPPER
TOMATO
YELLOW SQUASH
ZUCCHINI

Fruits



BANANA
GRAPE
MANGO
ORANGE
PAPAYA

AVOCADO
CHERRY
PEACH
PEAR
PLUM

CANTALOUPE
HONEYDEW MELON
OLIVE
STRAWBERRY
WATERMELON

Dairy / Miscellaneous



AMERICAN CHEESE
CHEDDAR CHEESE
WHEY
YOGURT

COCOA
GOAT'S MILK

COFFEE

Nuts / Seeds / Oils



CASHEW
PECAN
PISTACHIO
WALNUT

ALMOND
HAZELNUT
SESAME
SUNFLOWER SEED

CORN
OLIVE
SOYBEAN

Flavor Enhancers



BASIL
DILL
HONEY
LEMON
MINT
OREGANO
PARSLEY

BLACK PEPPER
CAROB
CINNAMON
LEEK
MAPLE
MUSTARD
SESAME

CANE SUGAR
CAYENNE PEPPER
COCONUT
GINGER
PAPRIKA
TURMERIC
VANILLA